



CENTRE BACK 14 TO PRO TACTICAL PROFILE FOR THE

PLAYER SQUAD U.... DOB DATE20... (Capitals please)

CENTRE BACK Establish your profile according to these criteria

TEAM/PLAYER IN POSSESSION

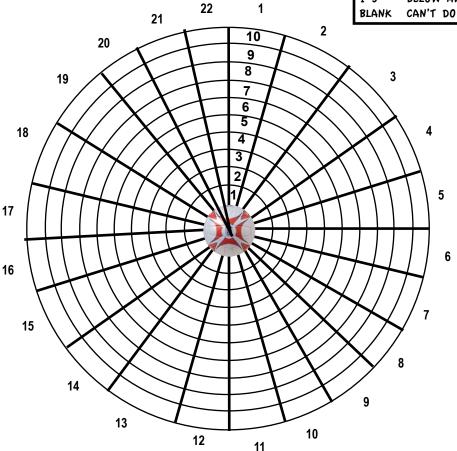
PASSING

- 1 Moving towards own goal, control the ball and turn to inter pass out of trouble or kick
- 2 Moving towards own goal, play a set up pass for the goalkeeper to fly kick the ball 3 Volleying a pass or clearance over the
- shoulder.
- 4 With back to goal, clear the ball accurately with 1 touch
- 5 Pass accurately down the line long and short.
- 6 Inter-pass outside to in, and in to outside safely and deceptively.
- 7 On regaining possession, pass forward to set up counter attacks, if not possible then recycle the ball.

GRADING

9-10

OUTSTANDING VERY GOOD 8 GOOD 7 4-6 AVERAGE 1-3 BELOW AVERAGE



Comments

COACH

VERSION 3 APRIL 15 2009 johnbilton@mac.com

SUPPORT IN POSSESSION

8 Create space to receive the ball off the goalkeeper to set up attacks 9 Make forward central runs to support attacking play.

RUNNING THE BALL

10 Make runs forward with the ball in to space to set up attacks.

ATTACKING WIDE SET PLAYS

11 Be able to be effective in the air at attacking set plays.

GENERAL DEFENDING

12 Understand the principles and the practice of marking, covering and tracking.

INTERCEPTIONS

13 Intercept a pass cleanly.

TACKLING

- 14 Standing up force play in the preferred direction in a 1v1.
- 15 With patience, jokey an opponent to delay or tackle.
- 16 Tackle from the front or from the side with or without a slide.

BLOCKING

17 Block an opponents attempt to cross the ball or shoot.

HEADING

18 Compete to head the ball from positions to the side of or from behind determined opponents.

DEFENDING WIDE BALLS

- 19 Holding a defensive line when the ball is out wide.
- 20 Locking on to and beating the opponent to the ball from wide deliveries.
- 21 Holding a defensive line when the ball is out wide.
- 22 Locking on to and beating the opponent to the ball from wide deliveries.

SET PLAYS

- 23 Able to mark space when defending set plays
- 24 Able to mark man for man when defending set plays





TACTICAL PROFILE FOR THE **CENTRE MIDFIELD 14**

PLAYER SQUAD U.... DOB

DATE20... (Capitals please)



CONTROL & PASSING

- 1 Moving towards own goal, control the ball and turn to inter pass out of trouble or kick clear.
- 2 Facing own goal; lay off first time passes backwards or to the side with accuracy and "touch"
- 3 Facing own goal; receive, control and turn with the ball while screening it effectively.
- 4 On regaining possession, pass forward to set up counter attacks, if not possible, then recycle the ball.
- 5 Deliver crosses from key crossing areas into key finishing areas.

CONTROL & PASSING (continued)

- 6 Facing opponents goal; control and move forward with 1 touch to dribble, pass or shoot.
- 7 Deceptive and accurate ground passing through small gaps.
- 8 Long passing 25 metres plus with high accuracy.
- 9 Playing through balls to players making forward runs between defenders.

SUPPORT PLAY

10 Get on the ball at every opportunity to start attacks.

THROW INNS

11 Creating space to receive the ball from throw ins and develop forward movement.

FINISHING

12 Make effective runs into the box to meet the ball and finish accurately. 13 Shoot accurately from 18 metres and greater.

HEADING

14 Compete to head the ball from positions to the side of or from behind determined opponents.

GENERAL DEFENDING

15 Understand the principles and the practice of marking, covering and tracking.

INTERCEPTIONS

16 Intercept a pass cleanly.

TACKLING

- 17 Standing up force play in the preferred direction in a 1v1
- 18 With patience, jokey an opponent to delay or tackle
- 19 Tackle from the front or from the side with or without a slide.

BLOCKING

20 Block an opponents attempt to cross the ball or shoot.

TRACKING

21 Tracking back immediately on losing ball possession.

SET PLAYS

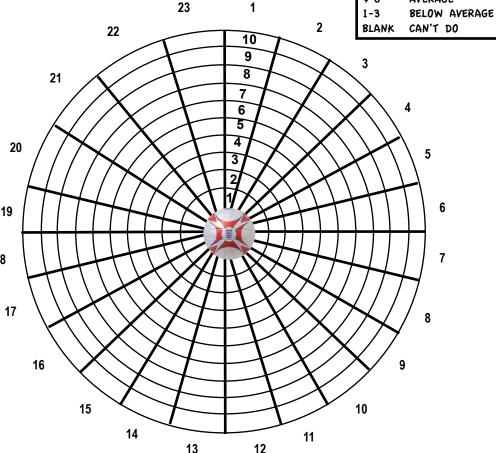
- 22 Able to mark space when defending set plays.
- 23 Able to mark man for man when defending set plays.

GRADING

9-10 OUTSTANDING 8 VERY GOOD

GOOD

AVERAGE 4-6



Comments

18

COACH





TACTICAL PROFILE FOR THE FULLBACK 14 TO PRO

PLAYER	
SQUAD U DOB	•••••
DATE20	(Capitals please)

FULL BACK Establish your profile according to these criteria

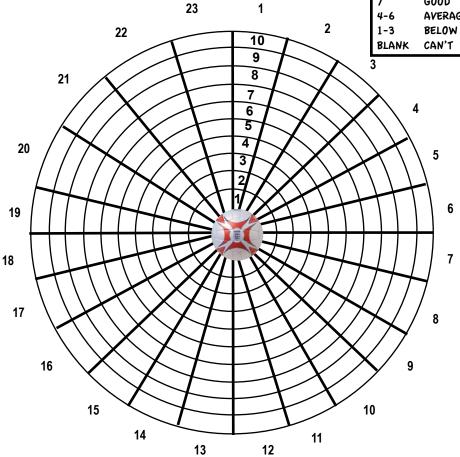
TEAM/PLAYER IN POSSESSION

PASSING

- 1 Moving towards own goal, control the ball and turn to inter pass out of trouble or kick clear.
- 2 Moving towards own goal, play a set up pass for the goalkeeper to fly kick the ball
- 3 Volleying a pass or clearance over the shoulder.
- 4 With back to goal, clear the ball accurately with 1 touch
- 5 Pass accurately down the line long and short.
- 6 Inter-pass outside to in, safely and deceptively.
- 7 On regaining possession, pass forward to set up counter attacks, if not possible, then recycle the ball.
- 8 Deliver crosses from key crossing areas into key finishing areas.

GRADING

9-10 OUTSTANDING
8 VERY GOOD
7 GOOD
4-6 AVERAGE
1-3 BELOW AVERAGE
BLANK CAN'T DO



Comments

COACH

SUPPORT IN POSSESSION

9 Create space to receive the ball off the goalkeeper to set up attacks 10 Make forward runs to support wide attacking play.

RUN/DRIBBLE THE BALL

11 Make runs/dribbles into the opponents defending third with the ball.

THROW INNS

12 Take quick throws to set up quick attacks and support where possible. If this is done in the attacking third cross the ball after receiving the ball back

GENERAL DEFENDING

13 Understand the principles and the practice of marking, covering and tracking.

INTERCEPTIONS

14 Intercept a pass cleanly.

TACKLING

- 15 Standing up force play in the preferred direction in a 1v1
- 16 With patience, jokey an opponent to delay or tackle
- 17 Tackle from the front or from the side with or without a slide.

BLOCKING

18 Block an opponents attempt to cross the ball or shoot.

HEADING

19 Compete to head the ball from positions to the side of or from behind determined opponents.

DEFENDING WIDE BALLS

- 20 Holding a defensive line when the ball is out wide
- 21 Locking on to and beating the opponent to the ball from wide deliveries

SET PLAYS

- 22 Able to mark space when defending set plays
- 23 Able to mark man for man when defending set plays





TECHNICAL PROFILE FOR U14 TO PRO GOALKEEPERS

TECHNIQUE GK'S Establish your profile according to these criteria

GETTING IN TO POSITION

1 MOVING IN TO LINE

Moving in to line with the ball and the centre of the goal.

2 MOVING DOWN THE LINE

Moving down the line of the ball when a pass or shot can't be taken.

3 GET SET POSITION

Stopping & getting set to stop the shot.

4 ADVANCING IN 1 V 1 SITUATIONS

Advancing on an opponent who is clear of the defence with the hall

FIELDING

5 STOOPING STATIONARY

Stooping technique to field the ball stationary.

6 STOOPING ON THE MOVE

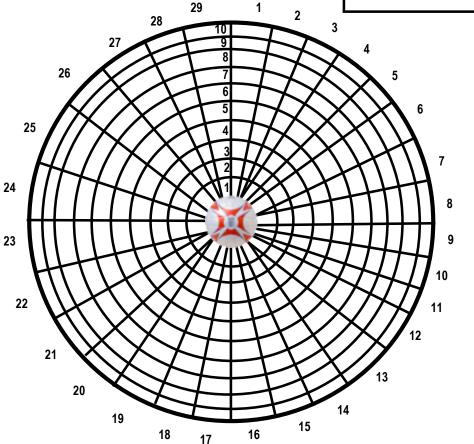
Stooping to take the ball on the move.

7 KNEELING

Kneeling technique to field the ball

GRADING

9-10 OUTSTANDING 8 VERY GOOD 7 GOOD 4-6 AVERAGE 1-3 BELOW AVERAGE BLANK CAN'T DO



Comments

COACH

BALL AT YOUR FEET

8 BALL MANIPULATION

Manipulate the ball comfortably with both feet.

9 RUN THE BALL

Running the ball quickly.

10 DRIBBLING

Use Big Toe, Little Toe, to open up the passing angle.

SHOT STOPPING LOW BALLS

11 COLLAPSING SAVE

Collapsing on a ball close to feet.

12 CATCHING BALLS OUT OF REACH

Diving and catching a low ball.

13 DEFLECTING LOW BALLS

Pushing away low balls that cant be held.

SHOT STOPPING HIGH BALLS 14 DIVING TO CATCH HIGH BALLS

Diving and catching a high ball.

15 DEFLECTING BALLS OUT OF REACH

Pushing away high balls that can't be held.

SHOTS TO THE BODY 16 IN TO BODY WAIST TO CHEST HIGH

Catching shots aimed chest to waist high.

17 IN TO BODY HEAD HIGH AND ABOVE

Catching balls aimed head height and above..

CROSSES

18 CATCHING THE CROSS

Taking the cross cleanly.

19 DEFLECTING THE CROSS

Deflecting the cross out of danger.

20 DEFLECTING OVER THE BAR

Deflecting a shot or cross over the cross bar.

21 PUNCHING THE CROSS 2 HANDS

Punching a cross that cant be held using 2 hands.

22 PUNCHING THE CROSS 1 HAND

Punching a cross that cant be held using 1 hand.

DISTRIBUTION

23 UNDER ARM THROWS

Rolling the ball out under arm with accuracy.

24 THROWS SHOT PUT STYLE

Throwing out from the shoulder shot put style with accuracy.

25 THROWS OVER ARM

Throwing out using over arm techniques with accuracy.

26 FLY KICKING

Kicking a rolling ball with distance and accuracy.

27 GOAL KICKS

Taking a goal kick and getting good distance and accuracy.

28 HALF VOLLEYS

Kicking the ball with good distance and accuracy on the half volley.

29 FULL VOLLEYS

Kicking the ball with good distance and accuracy straight out of the hands.





TECHNICAL PROFILE FOR U12 TO PRO OUTFIELD PLAYERS

DOB DATE20	(Capitals please)
Establish your	

according to these criteria

PLAYER

SQUAD U.... POSITION(S)

CONTROL

1 CREATE SPACE TO RECEIVE

Movement prior to receiving to create space.

2 CONTROL

Control the ball in 1 touch.

3 RETENTION

Keep possession of the ball when challenged by an opponent.

4 RECEIVING & PINNING

Receive and lean into the tight marker to protect the ball and or spin around his body.

PASS/CROSS/SHOOT

5 SHORT PASS

Keeping possession when passing 20 metres or less.

6 LONG PASS

Keeping possession when passing longer than 20 metres.

7 CROSSING

Cross the ball into the first or second 6 yard

8 SHOOTING

Using laces, instep and inside foot, consistently hit the target with accuracy.

GRADING

9,10 = OUTSTANDING

8 = VERY GOOD

7 = GOOD

4.5.6 = AVERAGE

1,2,3 = BELOW AVERAGE

BLANK = CAN'T DO

DRIBBLING

9 BALL MANIPULATION

Manipulate the ball comfortably with both feet.

10 RUN THE BALL

Run the ball at speed with both feet.

11 DRIBBLING

Use Big Toe, Little Toe, Scissors and Matthews with both feet.

12 TURNING

Use Inside Hook, Outside Hook, Cruyff and Drag Back with both feet.

HEADING

13 ATTACKING HEADERS

Heading the ball at the opponents goal, on target.

14 FLICK ON HEADERS

Facing the ball help the ball on using the top or side of the fore head.

15 DEFENSIVE HEADERS

Clear the ball to alleviate danger.

Comments	

COACH

TACKLING

16 TACKLING (FRONT)

Tackle from the front.

17 TACKLING (SIDE)

Tackle from the side with or without a slide.





TACTICAL PROFILE FOR THE STRIKER 14 TO SENIOR

PLAYER SQUAD U.... DOB DATE20... (Capitals please)

STRIKER Establish your profile according to these criteria

CONTROL & PASSING

- 1 When ever receiving the ball, to shield it from challenge effectively
- 2 Facing own goal; lay off first time passes backwards or to the side with accuracy and
- 3 Facing own goal; receive, control and turn with the ball while screening it effectively.
- 4 Facing own goal; control in the air and turn or lay off a back pass.
- 5 Deliver crosses from key crossing areas into key finishing areas.

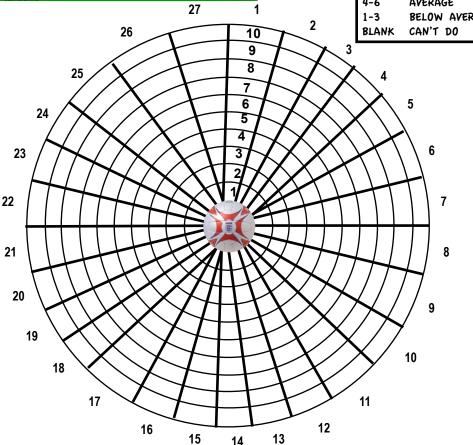
DRIBBLING

6 Run at and past opponents with at least one trick and one option.

GRADING

OUTSTANDING 9-10 8 VERY GOOD GOOD 7 **AVERAGE** 4-6

BELOW AVERAGE 1-3



Comments

COACH

CONTROL & PASSING (continued)

- 7 Facing opponents goal; control and move forward with 1 touch to dribble, pass or shoot.
- 8 Deceptive and accurate ground passing through small gaps.
- 9 Playing through balls to players making forward runs between defenders.
- 10 Give and take simple short wall passes in the air or on the ground.

FINISHING

- 11 Make effective runs into the box to meet the ball and finish accurately.
- 12 Shoot accurately from 18 metres and greater.

HEADING

- 13 Compete to head the ball for flick ons.
- 14 Win headers when being challenged from behind or the side.
- 15 Know how to work opponents to gain the advantage to head for goal.

CREATING & EXPLOITING SPACE

- 16 To be able to lose markers.
- 17 Work effectively with co-strikers and midfield players to create space.
- 18 Come short into the hole to receive the ball and then turn to exploit the space.
- 19 Run long beyond defender to exploit the space.

DEFENDING

20 Understand the principles and the practice of marking, covering and tracking.

INTERCEPTIONS

21 Intercept a pass cleanly.

TACKLING

- 22 Standing up force play in the preferred direction in a 1v1
- 23 With patience, jokey an opponent to delay or tackle
- 24 Tackle from the front or from the side with or without a slide.

TRACKING

25 Tracking back immediately on losing possession if in the close proximity to the hall

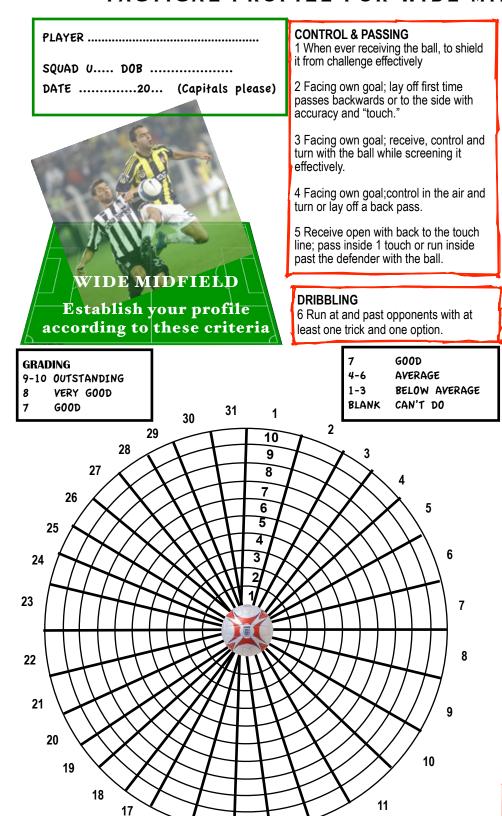
SET PLAYS

- 26 Able to mark space when defending set plays.
- 27 Able to mark man for man when defending set plays.





TACTICAL PROFILE FOR WIDE MIDFIELD 14 TO PRO



Comments

16

15

CONTROL & PASSING (continued)

- 7 Facing opponents goal; control and move forward with 1 touch to dribble, pass, cross or shoot.
- 8 Deceptive and accurate ground passing through small gaps.
- 9 Give and take simple short wall passes in the air or on the ground particularly into the strikers feet.

FINISHING

- 10 Make effective runs into the box to meet the ball and finish accurately.
- 11 Shoot accurately from 18 metres and greater.
- 12 Track the far post in order to finish in this area.
- 13 From a wide position cut inside to shoot.

CREATING & EXPLOITING SPACE

- 14 To be able to lose markers.
- 15 Come short down the line into the hole to receive the ball and then turn to exploit the space.
- 16 Run long beyond defender to exploit the space.
- 17 Understand the need for optimum width.

HEADING

- 18 Head accurately on goal from far post positions.
- 19 Win headers when being challenged from behind or the side.
- 20 Know how to work opponents to gain the advantage to head for goal.

CROSSING

- 21 Cross the ball on the run from key crossing areas into key finishing areas.
- 22 Work hard to beat the opponent in tight 1v1 situations
- 23 Turn back with the inside foot and deliver accurate passes inside.

DEFENDING

24 Understand the principles and the practice of marking, covering and tracking.

INTERCEPTIONS

25 Intercept a pass cleanly.

TACKLING

- 26 Standing up force play in the preferred direction in a 1v1
- 27 With patience, jokey an opponent to delay or tackle
- 28 Tackle from the front or from the side with or without a slide.

TRACKING

29 Tracking back immediately on losing the ball.

SET PLAYS

- 30 Able to mark space when defending set plays.
- 31 Able to mark man for man when defending set plays.

12

13

14